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Merrick Watts takes on

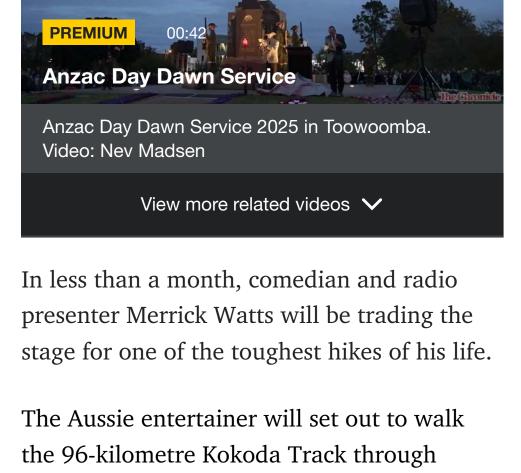
Kokoda Track to raise funds for the Commando Welfare Trust Comedian and radio presenter Merrick Watts will be trading the stage for one of the toughest

hikes of his life next month to raise funds for

elite soldiers and their families, as he trains to retrace the gruelling steps of our Diggers. Elizabeth Pike



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group of former Australian Commandos to raise vital funds for the Commando Welfare Trust. Since the trust was established 15 years ago

to look after Special Operations Command

soldiers, veterans and their family members

benefactor and said walking the track was a

for life, Merrick has been a staunch

"no-brainer".

Papua New Guinea from May 1, joining a

"I've got lots of mates who are excommandos, and I know lots of people in Special Forces in general ... I've seen firsthand how these funds are distributed to their families and how important they are," he said.

"It will be great to be on the track with

I just couldn't pass up."

people who have literally put their lives at

risk in the name of defending our nation. It is

going to be an incredible experience, and one

nSCA

Merrick said the Kokoda Track also resonated

"enormously" with him on a personal level as

Australians across the country marked Anzac

"In other battles we've gone away to fight a

war, whereas in Kokoda, we went to defend

Australia and that's a very, very different

Comedian Merrick Watts trains for the track.

Day on Friday.

service.

thing. It was all about do-or-die sacrifice," he said. Commandos know this sacrifice all too well as an elite brigade of soldiers who are disproportionately deployed into combat and

50 per cent more likely to suffer injury during

The group will take on the gruelling Kokoda Track in Papua New Guinea on May 1. Executive officer Major Paul Dunbavin OAM said the charity gave a record one million

families – including the children of fallen soldiers who died in Afghanistan 15 years ago - manage ongoing financial, medical and emotional hardships. "We pick up where other support services

dollars to its beneficiaries last year to help

can't help members of the special operations community ... and we pride ourselves on providing tangible, real-world support (for the) people who have paid [and continue to pay] the ultimate sacrifice," he said.